The Trash and Treasure Market Day on Sunday was a fun day and fantastic success with a total of $800.20 raised!!! Proceeds will go towards resources for the children, relaxation swing, svana swing disk, egg chair and new children’s library books.

Many thanks to:
- our hard working committee including Kristie, Bec, Danni, Jo and staff team
- Darren and Foster’s Foodland for their support with BBQ sausages/ drinks
- Parents for wonderful goods for the cake stall ($260 towards the total)
- Newbery Park Primary School for the loan of their Gymnasium and Guido
- Local Businesses for donations

Lucky Door Prize: 2 Bottles of wine from Millicent Real Estate
Winner: Montana Craig

Raffle results: 1st Prize: Orchid from Budz Florist Value: $70
Winner: Leanne Schmook

2nd Massage voucher from Linda Kenny Value: $50
Winner: N. Damhuis

3rd Prize Shellac Voucher from Mystique Value: $45 + $10 McCourts voucher
Winner: Stacey Lowndes

4th Prize Baby Pack from Millicent Florist Value: $25
Winner: S. Tidy

5th Prize Meat tray from Fosters
Winner: Kylie Craig

Thank you to everyone for your support

Healthy Eating
It is wonderful to see parents taking a real interest in developing children’s healthy eating choices and we have had several parents ask for healthy lunch box suggestions.

To help we have included 2 flyers along with this newsletter:
1. a lunch box checklist
2. ideas to increase essential food groups in the lunchbox from the Start right, eat right program and Bite Right program

Our centre healthy eating Philosophy:
- Research informs us that for the long-term health and wellbeing of children, it is vital that they eat healthy food from birth.
- To provide children with important vitamins and minerals.
- Good nutrition is important for physical, intellectual and emotional development.
- Maximizes growth, development and activity whilst minimizing illness
- Minimizes the risk of diet related diseases later in life e.g. heart disease, strokes, some cancers, and diabetes
- Advice from speech pathologists and dentists - indicates that children should be eating crunchy foods
- We aim to ensure that snack times will provide positive learning experiences
- All children will be encouraged to develop Healthy Eating Habits to encourage a taste for healthy foods and promote healthy eating habits.
- To avoid children pressuring parents and carers to buy and provide other less healthy foods they may see other children having.

This fortnight we will cook fried rice and prawn crackers with the children as an extension of their pretend cooking in the Chinese Dragon Restaurant.

Relaxing on the svana disk

Moments of solitude are important for children’s well-being

Respect, Confidence, Well-being

Diary

Fri. 19 October, 9am
Governing Council Meeting
All encouraged to attend
Children welcome

Wed. 24 Oct. 2pm to 3pm
Visit from Newbery Park Reception Class

Wed 1 Nov. Child Youth Health Appointments:
Sam, Zane, Lacey, Kane, Zalie, Macey, Mylee, Piper

Reminder

Please return ‘Lift the lip’ permission forms for dental checks

Jane will visit from The School Dental Clinic Thursday morning 25 Oct.

Parenting Tip

Please Remember:
as the weather warms up you are welcome to let the children place their snacks and lunch containing dairy and meat products in the fridge.

Please label food items e.g. yoghurt containers - a texta is on the kitchen wall tiles for your

Thank you to everyone for your support
If you can come in and help cook with the children please let us know.

**Learning Outcomes**

**Children have a strong sense of identity** when they feel safe, secure and supported and develop confident self identities.

As educators we promote this learning by spending time interacting and conversing with each child and acknowledging and building on their interests.

We have set up an ‘interest table’ for the children to share their interests from home - many children have been sharing their interest in tadpoles and we will be observing the growth / change into frogs.

We set up the learning environment to maximize children’s engagement levels catering for individual interests and needs including fantasy play with fairies to adventurous rope climbing in the digging patch. Many thanks to Ben (Angus's family) for helping the children with this digging challenge.

Child’s play can be muddy work sometimes ... Please remember to pack spare clothes!

**Children are connected with and contribute to their world** when they explore the environment and become socially responsible and show respect for the environment and living things.

We will promote this learning by helping the children to care for our kindy garden and recycling food scrap in the wormery and compost.

We will link this to exploring and comparing the tracks made by worms, slugs and snails inspired by the story ‘Tracks’ along with exploring making tracks in the sandpit and experimental painting: ‘What track is that?’ using car tyres, animal foot prints

We will also set up a glass wormery to observe the tunnel making activity of our red tiger worms.

Focus story: Holes - inspiration for working with black card and white Posca textas to map out and draw their own ideas for an underground city / cubby

The children have shown an ongoing interest in last term’s visit to the rail way track and we will follow up their interest by assisting them in working together to make a 3D model of the railway track and drain with collage materials and exploring their ideas and discussing where does the drain water go?

**Children have a strong sense of well-being** when they become strong in their social and emotional wellbeing. We will promote this learning by following up on their ideas and supporting the children’s play interests, including making a bush cubby with wild bamboo like the one they discovered on their visit along the railway track.

**Fine motor skills:**
- Sensory play with peas - working with tubes and funnels
- Wood work skills
- Drawing maps of an underground city of tunnels
- Cutting spirals - wiggly worms

**Gross motor skills:**
- Balancing on one foot and building hopping skills
- Action songs: Mr Frog jumped out of the pond Da Glomp went the little green frog, Froggie jumps high, 5 Little speckled frogs

**Children are confident and involved learners** when they develop dispositions for learning such as curiosity, enthusiasm, confidence, imagination and developing a range of skills such as researching, hypothesizing and investigation.

We will promote this by learning about the habitats and characteristics of frogs and extending the children’s thinking and understanding and moving beyond generalisations:


We will also investigate the bones they found on the railway track, including excavating bones in the sandpit for them to discover and compare, plus researching animal skeletons on the smartboard.

Ideas from the children so far include: a rabbit, fox, sheep, possum, rabbit, cat, dinosaur, crocodile.

**Children are effective communicators** when they interact verbally and non verbally for a range of purposes. We will promote this learning by encouraging the children to express themselves both through conversation and creative expression; art, collage, drawing, painting, construction and dictating stories for their work.

Developing social confidence and contributing their ideas, knowledge, questions to group discussions.

Imaginative storytelling through ‘language circles’ with each child contributing their own idea as part of a group story about the mystery creature that lives in the bush cubby. Is it a dragon?

Recognition of rhyme: ‘og’ as in frog, bog, dog, log